

# SCALE PRACTICE WEEKLY ROTATION

| Monday                             | Tuesday                            | Wednesday                          | Thursday                           | Friday                             | Saturday   | Sunday                                           |
|------------------------------------|------------------------------------|------------------------------------|------------------------------------|------------------------------------|------------|--------------------------------------------------|
| <b>C/c</b>                         | <b>D<sub>b</sub>/c<sup>#</sup></b> | <b>D/d</b>                         | <b>E<sub>b</sub>/d<sup>#</sup></b> | <b>E/e</b>                         | <b>F/f</b> | <b>full-range<br/>chromatic<br/>(opt. daily)</b> |
| <b>G<sub>b</sub>/f<sup>#</sup></b> | <b>G/g</b>                         | <b>A<sub>b</sub>/g<sup>#</sup></b> | <b>A/a</b>                         | <b>B<sub>b</sub>/b<sub>b</sub></b> | <b>B/b</b> |                                                  |

Use this chart for both major and minor (all forms) scales. This chart can also be used with scale pattern books like Parés, Boosey & Hawkes, *etc.*

Always play in as many octaves as you are able; if you are not yet working the full range of your horn (*i.e.* 3 octaves), push your boundaries!

Use scales as technical studies, always working for accuracy first but also faster and faster tempos and better finger/tongue coordination.

Playing your scales a tritone apart presents one “easier” and one “harder” scale while maximizing the range you must use for the pair.